

2024

-

2025

ANNUAL REPORT



HOPE AND LIFE
FOUNDATION



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HFL TEAM

Presented by:

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"Empowering Communities, Inspiring Hope,
Transforming Lives."

TABLE OF CONTENTS

CONTENTS	PAGE
Table of Contents	02-03
Preface	04
About Us	05-06
From the Desk of Founder	06
From the Desk of Trustee	07
Registration Details	08
Projects Location	09
Our Journey	10
Our Vision	11
Our Misison	12
Our Value	13
Objectives	14
Registration Details	15

TABLE OF CONTENTS

CONTENTS	PAGE
Our Programms	16-23
Glimpse	24-29
Women Hyigiene	30-31
Education Awareness	32
Finance Review	33
Fund Allocation	34
Future Goals	35
Summary	36
Thanks	37

PREFACE

Established in 2021, the Hope and Life Foundation was born from a profound vision to create a society free from poverty, inequality, and social exclusion. Guided by compassion and the belief that every individual deserves a life of dignity, the foundation strives to address the most pressing challenges faced by marginalized communities. Over the past years, we have been steadfast in our commitment to eradicating poverty, improving access to food, enhancing education, promoting healthcare, and empowering women through sanitation initiatives.

At the heart of our mission lies the goal to uplift lives and foster sustainable development. The foundation's comprehensive approach focuses on tackling the interconnected issues that perpetuate the cycle of deprivation. Our initiatives aim to ensure that no one goes to bed hungry, children receive quality education, women have access to adequate sanitation, and healthcare becomes a fundamental right rather than a privilege.

In our inaugural year, we initiated programs like "Aahar," which addresses hunger through food distribution, and "Hara Bhara Sansaar," dedicated to environmental sustainability. As we progressed, our focus expanded to include elder care through "Sahara," educational support for underprivileged children, and healthcare services for those unable to

afford essential treatments. Women's health and sanitation became a key priority, recognizing the critical role of empowered women in building resilient communities.

The journey from 2021 to 2024 has been one of learning, growth, and impact. With unwavering support from our donors, volunteers, and community partners, we have reached thousands of lives across various regions. Each milestone achieved is a testament to the power of collective action and the resilience of the human spirit.

This report reflects our endeavors, challenges, and achievements over the years. It is also a reminder of the work that still lies ahead. At the Hope and Life Foundation, we remain committed to our vision of a just and equitable world. We invite everyone to join hands with us in this journey of hope, compassion, and transformation, ensuring that together, we can make a lasting difference in the lives of those who need it the most.

Let this be a step toward creating a brighter future for all.

Hope and Life Foundation is a registered Indian non-governmental organization (NGO) dedicated to uplifting underprivileged communities by providing essential support in healthcare, education, and social welfare. Our mission is to break the cycle of poverty and social exclusion, fostering hope for a brighter future by ensuring every individual has access to basic needs and opportunities for growth.



Our initiatives encompass a wide range of programs aimed at addressing critical issues faced by marginalized populations:

- **Medical Assistance:** We facilitate medical treatments for those unable to afford proper healthcare, ensuring timely and necessary interventions.
- **Educational Support:** Our educational programs focus on improving the quality of education and facilitating access, empowering children to become educated for life.
- **Feeding the Hungry:** Through campaigns like 'Aahar,' we strive to alleviate hunger by providing nutritious meals to those in need.
- **Environmental Initiatives:** 'Hara Bhara Sansaar' promotes environmental sustainability through tree plantation drives and awareness campaigns.
- **Support for the Elderly:** 'Sahara' is dedicated to assisting elderly individuals, ensuring they receive the care and respect they deserve.
- **Animal Welfare:** 'Animal Rahat' focuses on the well-being of animals, providing care and advocating for their rights.

Our commitment to transparency and accountability is reflected in our legal registrations and adherence to regulatory standards. We believe in the power of collective effort and invite individuals to join us as volunteers, donors, or partners in our mission to create a more equitable society.

FROM THE DESK OF FOUNDER

The journey of the Hope and Life Foundation began from a place of deep personal loss but grew into a mission of profound purpose. Losing my father to a tragic car accident was a life-altering moment for me. Amid the grief, I found solace in the idea of helping others, realizing that acts of kindness not only heal others but also bring immense peace and fulfillment to the giver.

To me, helping others is not just a responsibility; it is a source of true happiness and inner peace. I invite you to walk with us on this path of hope, kindness, and transformation.

Together, we can build a world where every life is valued and every individual has the opportunity to thrive.

When I founded this organization in 2021, my vision was simple yet powerful: to create a platform where hope and life could flourish for those who have been deprived of basic necessities. Helping people, especially children and the underprivileged, has always brought me unparalleled joy. Witnessing the transformation in their lives through education, food security, medical care, and empowerment inspires me to continue this work with unwavering dedication. Over the years, the foundation has grown, touching countless lives. From providing meals to hungry families to supporting children in their education and ensuring medical assistance for those in need, we have taken significant steps toward creating a more equitable society. The smiles on the faces of those we help remind me every day why this work is so essential. At Hope and Life Foundation, we believe that compassion is contagious, and together, we can make a difference. I am deeply grateful to everyone who has joined us on this journey—our volunteers, donors, and supporters. Your belief in our mission strengthens my resolve to continue working tirelessly for those who need us the most. As we look ahead, I am more determined than ever to expand our reach and help even more people.



ANAND GUPTA
Founder

A handwritten signature in blue ink that reads "Anand". The signature is written in a cursive, flowing style. It is positioned below the printed name and is partially overlaid by a large, light yellow circular graphic element.

FROM THE DESK OF TRUSTEE

When Anand Gupta invited me to join him in founding the Hope and Life Foundation, I knew it was a calling I could not ignore. My lifelong wish to serve others and help the voiceless, especially animals on the streets, found a powerful purpose through this organization. Together, we embarked on this journey in 2021 with a shared dream of transforming lives and spreading hope where it is needed most.

My inspiration to join this mission comes from a personal experience that deeply impacted me. I have witnessed firsthand the helplessness that can arise during a medical emergency.

That phase in my life left an indelible mark on my heart, igniting a determination to ensure no one else suffers the way I had seen. This commitment fuels my passion to support the healthcare initiatives of the Hope and Life Foundation, ensuring timely medical aid for those in desperate need.

Over the years, our foundation has grown into a beacon of hope for countless individuals and animals. From providing education and food security to offering medical care and supporting street animals, our work is guided by empathy and the desire to make a meaningful difference. I am especially proud of how our efforts have brought dignity and relief to those who once felt invisible to society. At Hope and Life Foundation, we believe in the power of collective effort. None of this would have been possible without the generous contributions and unwavering support of our donors, volunteers, and community members. Your trust and encouragement inspire us to continue this journey with even greater zeal.

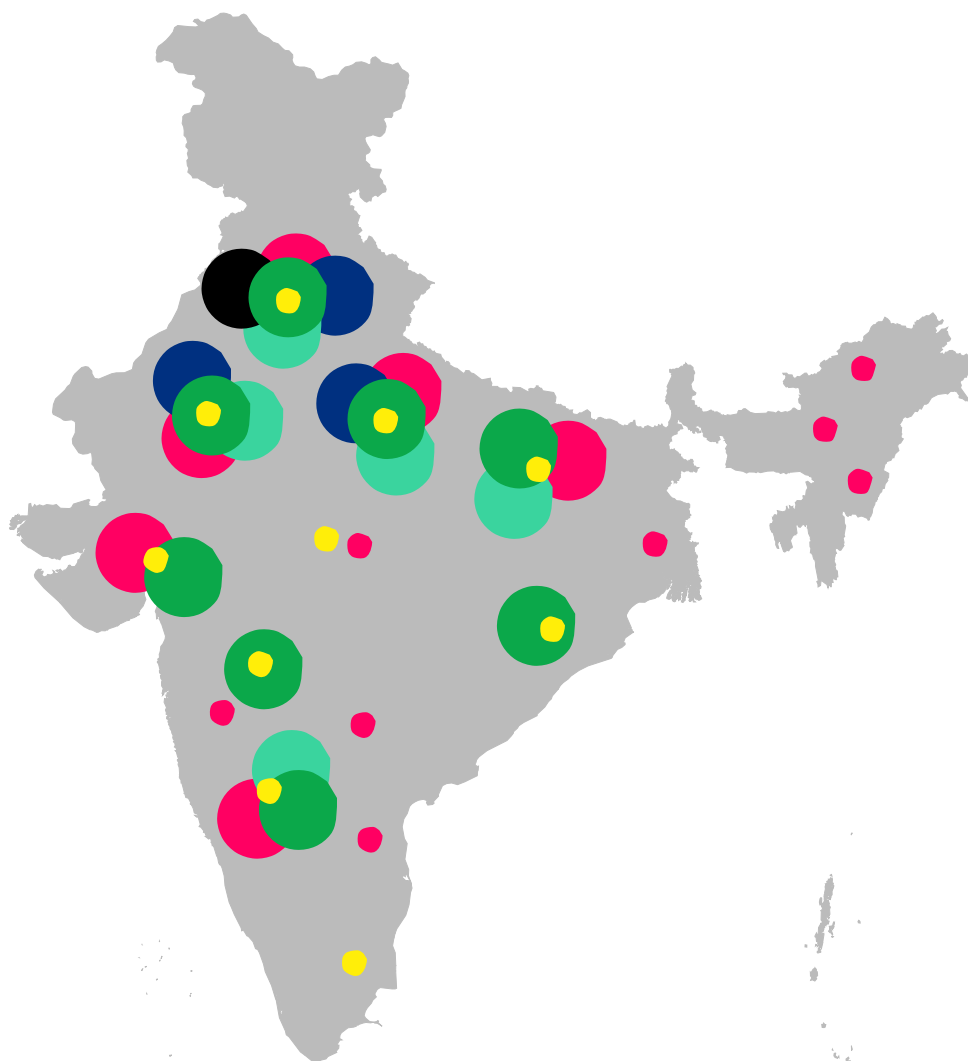
Helping others, whether it's a child in need, a family in distress, or an animal longing for care, is not just a mission—it's a way of life. I am deeply honored to be part of this transformative journey alongside Anand Gupta and all of you. Together, let us continue to spread hope, compassion, and love, making our world a kinder and better place for all.









**RUPENDRA KUMAR
THAKUR**
Trustee

Rupendra Kumar Thakur

PROJECT LOCATION ACROSS INDIA



-  Emergency Health/Medical Program
-  Food | Water | Hygiene Program
-  Child Care Program
-  Animal Feeding Program
-  Education Awareness & Distribution
-  Women Hygiene Awareness Program

OUR JOURNEY



2021 *ESTABLISHMENT*

The Hope and Life Foundation was established with a mission to bring transformative change.

2022 *EXPANSION*

Expanded our outreach with "Sahara," focusing on elder care and "Hara Bhara Sansaar," promoting environmental sustainability through tree plantation drives.



2023 *SCALING*

Strengthened our impact in education by introducing scholarships and resources for underprivileged children.

2024 *ENHANCED*

Enhanced our healthcare initiatives, facilitating free medical camps and treatments, while scaling up our efforts in child education and food security for maximum community impact.



OUR VISION

To create a society where every individual, regardless of their background, has access to opportunities that enable them to lead a dignified, self-reliant, and fulfilling life. Through collective action and compassion, we envision a future free from poverty, inequality, and social exclusion, fostering hope, harmony, and sustainability for generations to come.

We envision a world where every child has access to quality education, fostering their growth and potential. Our efforts also prioritize women's health and sanitation, empowering them to lead healthier, more dignified lives.



OUR MISSION

Our mission is to eradicate poverty and social inequality by addressing the root causes of disparity in education, health, women's sanitation, and food security. We strive to ensure every child has access to quality education, every individual receives adequate healthcare, women are empowered with proper sanitation facilities, and no one goes hungry.

Through sustainable initiatives and community engagement, we aim to create lasting change and a society where every life is valued and uplifted.



OUR VALUE



- Compassionate Care
- Empowerment through Education
- Commitment to Health and Well-being
- Women's Health and Sanitation
- Equity and Inclusion
- Sustainability and Impact

OBJECTIVES

Hope and Life Foundation aims to uplift marginalized communities by providing essential support in key areas: healthcare, education, food security, and women's sanitation. Our objective is to ensure that every individual has access to quality medical

care, empowering children with education, providing nutritious food to those in need, and promoting women's health and hygiene through proper sanitation. By addressing these fundamental needs, we strive to break the cycle of poverty, enhance well-being, and foster a more equitable society, where every person, regardless of their background, can lead a healthy, dignified, and prosperous life.



REGISTRATION DETAILS

Hope and Life Foundation is a legally registered non-governmental organization (NGO) under the relevant laws of India. Our registration with the Government of India ensures transparency, accountability, and adherence to all regulatory requirements.

PAN CARD

AACTH4990G

CERTIFICATE

1850

80G

AACTH4990G

NGO DARPAN

DL/2021/0296080

CSR REGISTRATION

SRN-N03574191



OUR PROGRAMS

16

Our programs are driven by compassion, integrity, and a commitment to creating sustainable change. We focus on empowering individuals and communities through healthcare, education, food security, and women's sanitation to build a brighter and more equitable future.

PADHAYI - SHIKSHIT BHARAT

ANIMAL RAHAT

AAHAR-FEED THE HUNGRY

HARA BHARA SANSAAR

MUSKAAN-GIFT A SMILE

SAHARA

UMMEED AUR AASHA

PADHAYI SHIKSHIT BHARAT

17

Shikshit Bharat, a flagship program of Hope and Life Foundation, is dedicated to empowering communities through education. Our aim is to provide every child and adult with the tools and support they need to succeed academically and in life. Through Shikshit Bharat, we distribute essential study materials, including books, stationery, and online learning resources, to ensure access to quality education. Additionally, we offer counseling and mentorship to guide students on their educational journey, providing motivation and support to overcome challenges. By fostering a love for learning, we strive to create an educated and self-reliant India.



ANIMAL RAHAT

18

Animal Rahat, an essential program of Hope and Life Foundation, is dedicated to the well-being of street animals. We aim to provide food, shelter, and medical care to stray animals, ensuring their health and safety. Through this program, we feed hungry street animals, offer them temporary shelter, and provide necessary veterinary care to address injuries and illnesses. Our goal is to promote kindness and compassion towards animals, while creating a safer, healthier environment for them to thrive. With Animal Rahat, we work towards ensuring that no street animal is left uncared for or vulnerable.



AAHAR FEED THE HUNGRY

19

Aahar - Feed the Hungry is a vital program by Hope and Life Foundation dedicated to addressing hunger and food insecurity. Our mission is to provide nutritious meals to individuals and families who cannot afford basic sustenance. Through this program, we distribute food to those in need, ensuring that no one goes to bed hungry. We focus on reaching the most vulnerable populations, including the elderly, children, and homeless individuals, to alleviate their suffering and promote dignity. With Aahar, we strive to create a hunger-free society where everyone has access to the food they need to survive and thrive.



HARA-BHARA SANSAAR

20

Hara Bhara Sansar is a green initiative by Hope and Life Foundation dedicated to protecting and revitalizing the environment. Through this program, we plant trees to combat deforestation, improve air quality, and restore ecological balance. We also conduct awareness campaigns to encourage eco-friendly practices and community participation in environmental conservation. By creating cleaner, greener spaces, Hara Bhara Sansar aims to foster a sustainable future where nature thrives and supports healthier living for all. Together, we can make the world a cleaner, greener, and more vibrant place for generations to come.



MUSKAAN GIFT A LIFE

21

Muskan - Gift a Smile is a heartfelt initiative by Hope and Life Foundation aimed at spreading joy and happiness among underprivileged children, senior citizens, and marginalized communities. Through this program, we organize birthday celebrations, festival events, and special occasions to bring smiles to those who often go unnoticed. By sharing moments of joy, providing gifts, and creating unforgettable memories, Muskan fosters a sense of belonging and happiness. Our mission is to ensure that everyone, regardless of their circumstances, experiences the warmth and joy of celebrations, reminding them that they are valued and loved.



SAHARA

EACH LIFE VALUES

22

Sahara is a compassionate initiative by Hope and Life Foundation dedicated to supporting elderly individuals in need. Through this program, we provide food, care, and emotional support to senior citizens who are often neglected or living in vulnerable conditions. We also assist in relocating them to safe and comfortable shelter homes, ensuring they receive the respect, care, and dignity they deserve. Sahara aims to create a nurturing environment where the elderly can live their golden years with peace, security, and a sense of belonging, reminding them that they are cherished and valued members of our society.



UMMEED AUR AASHA

23

Ummeed Aur Asha is a life-saving initiative by Hope and Life Foundation focused on providing timely medical assistance to children and individuals in need. Through this program, we support those facing medical emergencies by facilitating treatments, arranging necessary healthcare resources, and covering medical expenses for those who cannot afford them. Our mission is to bring hope and relief to families during their most challenging times, ensuring that no one is denied medical care due to financial constraints. Ummeed Aur Asha strives to save lives, restore health, and inspire hope for a better and healthier future.



GLIMPSE OF HOPE AND LIFE FOUNDATION

24





Baby of : Priyanka (Emergency Medical)

The infant of Mrs. Priyanka and Mr. Raj Deepak were admitted to "Girraj ji Children Hospital" with problems of "extreme prematurity with extremely low birth weight, respiratory distress syndrome, and neonatal hyperbilirubinemia". Baby were kept on mechanical ventilation support, IV fluids, and IV antibiotics.

Mr. Raj Deepak(Father) was working in service with an income that was barely making par. It was very difficult for him to cope up with this expense. So, "Girraj ji Children Hospital" referred this case to the Hope and life Foundation. After 09 weeks of treatment, the baby were declared healthy and were successfully saved.



Baby of : Jayanti Das (Emergency Medical)

Born prematurely on 18 , june, 2024, my little angel was greeted not with the warm embrace of a healthy start but with the harsh reality of medical complications. Baby is fighting against prematurity and its cruel consequences, and their journey thus far has been filled with challenges that no new born should ever have to endure.

Now my son condition is fine.

We appreciate your support and contributions. Thank you for your thoughtfulness. Please pray for the child's good health. We will keep you updated about his conditions.



Ayush (Emergency Medical)

Ayush Aged 7 years , was admitted to "RML Hospital" with severe Tuberculosis since 1 year. Indra Kumar Rajendra Prasad Goud is a father of Ayush , he has been treating the Ayush for 1 year and he has invested all his savings in his son treatment. Ayush's father doing his minimal salary job in private sector and now he could not bear the expenses of the treatment of Ayush.

They got in touch with Hope And Life Foundation for help. After the necessary verifications , Hope And Life Foundation supported in Ayush's treatment by raising the amount required for the treatment. Now, Ayush is recovering faster.



Baby of : Anjali (Emergency Medical)

The baby of Anjali were 16-days old girl when she admitted for treatment. Their father, Mr. Kishan Gupta works in private company and their mother is a homemaker.

Being born in the 7th month of pregnancy, she diagnosed with low birth weight and mild respiratory distress. She was admitted to the NICU for two months.

The family was not able to manage the expense of their child's further treatment as all their savings had already been drained for his treatment. The baby needed further treatment for which kishan had requested Hope and life foundation for help.

Saved More Than **100+ LIVES**

GLIMPSE OF HOPE AND LIFE FOUNDATION

26



DISTRIBUTION OF FOODS

Hope and Life Foundation's food distribution initiative is a cornerstone of our mission to combat hunger and ensure that no one sleeps hungry. Recognizing that food is a basic human right, we launched this program to address the challenges faced by underprivileged individuals and families who struggle to afford daily sustenance. What started as a small effort has now grown into a large-scale initiative, driven by compassion and the desire to create a hunger-free society. With the help of dedicated volunteers and supporters, we distribute nutritious meals to the homeless, daily wage workers, street children, and other vulnerable groups. Our program not only alleviates immediate hunger but also restores dignity and hope to those in need.

The foundation also organizes special food drives during festivals and emergencies, ensuring that joy and relief reach every corner of society. Through partnerships with community kitchens and donors, we strive to provide balanced and wholesome meals to as many people as possible.

This initiative is a testament to the power of collective action. It reflects our unwavering belief that together, we can create a world where hunger is no longer a barrier to a dignified life. At Hope and Life Foundation, every meal served is a step toward building a more equitable and compassionate future.

Feeded More Than
100000+ PEOPLES

WWW.HOPEANDLIFEFOUNDATION.ORG

GLIMPSE OF HOPE AND LIFE FOUNDATION

27



EDUCATION TO ALL

Education is a powerful tool for breaking the cycle of poverty, and at Hope and Life Foundation, we are deeply committed to making it accessible to everyone. Since our inception, we have successfully reached and educated countless children and individuals who otherwise had limited or no access to learning opportunities.

Through our program Shikshit Bharat, we have distributed essential educational materials such as books, stationery, and digital resources to underprivileged students. We have also conducted counseling sessions and provided mentorship to guide them on their academic journey. Our efforts aim to empower not just individuals but entire families, paving the way for long-term social upliftment.

By creating learning opportunities and fostering a love for education, we strive to ensure that every child and adult can dream, achieve, and contribute meaningfully to society. With the support of donors, volunteers, and well-wishers, we continue to spread the light of knowledge, one community at a time.

Educated More Than
1000+ KIDS

WWW.HOPEANDLIFEFOUNDATION.ORG



SPREAD HAPPINESS AND JOY

At Hope and Life Foundation, we believe that every individual deserves moments of happiness and celebration, regardless of their circumstances. Through our initiative Muskan - Gift a Smile, we have brought joy to countless underprivileged children and communities by distributing gifts during festivals and organizing birthday celebrations for children who might otherwise be forgotten.

From colorful toys and clothing to sweets and personalized gifts, our team ensures that these occasions are filled with excitement and laughter. Birthdays become a cherished memory, with cakes, decorations, and heartfelt wishes creating a sense of belonging and love.

Festivals like Diwali, Eid, Christmas, and others are celebrated with equal enthusiasm, fostering unity and joy across diverse communities. These celebrations not only brighten the lives of children and families but also serve as a reminder that they are cared for and valued.

Through these heartfelt gestures, we aim to spread smiles and make life's special moments unforgettable for those who need it the most. Each gift and celebration is a step towards creating a happier and more inclusive world.

Happy Face More Than
1000+ KIDS



RATION VITRAN

At Hope and Life Foundation, we understand the struggles of families facing food insecurity, and we are committed to ensuring that no one goes without basic necessities. Through our dedicated efforts, we have distributed ration kits to countless individuals and families in need, especially during times of crisis and hardship.

Each ration kit contains essential items like rice, wheat, pulses, cooking oil, and spices, carefully curated to support a family's nutritional needs. Our initiative has been a lifeline for daily wage workers, marginalized communities, and individuals affected by poverty or unforeseen emergencies.

By distributing these ration kits, we aim to bring immediate relief to those in need, offering them the dignity and security of having food on their tables. This initiative is made possible through the generous contributions of donors and the tireless efforts of our volunteers.

Through our ongoing commitment, we strive to create a society where hunger and deprivation are eradicated, and every individual can lead a life of hope and dignity.

Happy Families More Than
800+ FAMILIES

WOMEN SANITARY PADS & HYGIENE

30

Women's health and hygiene are essential for building a healthy and empowered society. However, many women, especially in underprivileged communities, lack access to basic sanitary products, leading to significant health risks and social stigma. At Hope and Life Foundation, we are committed to addressing this critical issue by promoting menstrual hygiene and providing access to sanitary pads for women in need.

Through our dedicated efforts, we have distributed sanitary pads to countless women and young girls, ensuring they can manage their menstrual cycles safely and with dignity. Our initiatives also include awareness campaigns to educate women about menstrual health, breaking taboos, and fostering open conversations.

By providing these essential resources, we aim to reduce the risk of infections, absenteeism from school and work, and the shame often associated with menstruation. This program empowers women to lead healthier and more confident lives, contributing to their overall well-being and independence.

Hope and Life Foundation takes pride in making a tangible difference in the lives of women by addressing their hygiene needs. With the support of donors and volunteers, we continue to expand this initiative, ensuring that every woman has access to the hygiene products and knowledge she needs for a better and healthier future.

WOMEN SANITARY PADS & HYGIENE

31



EDUCATION AWARENESS

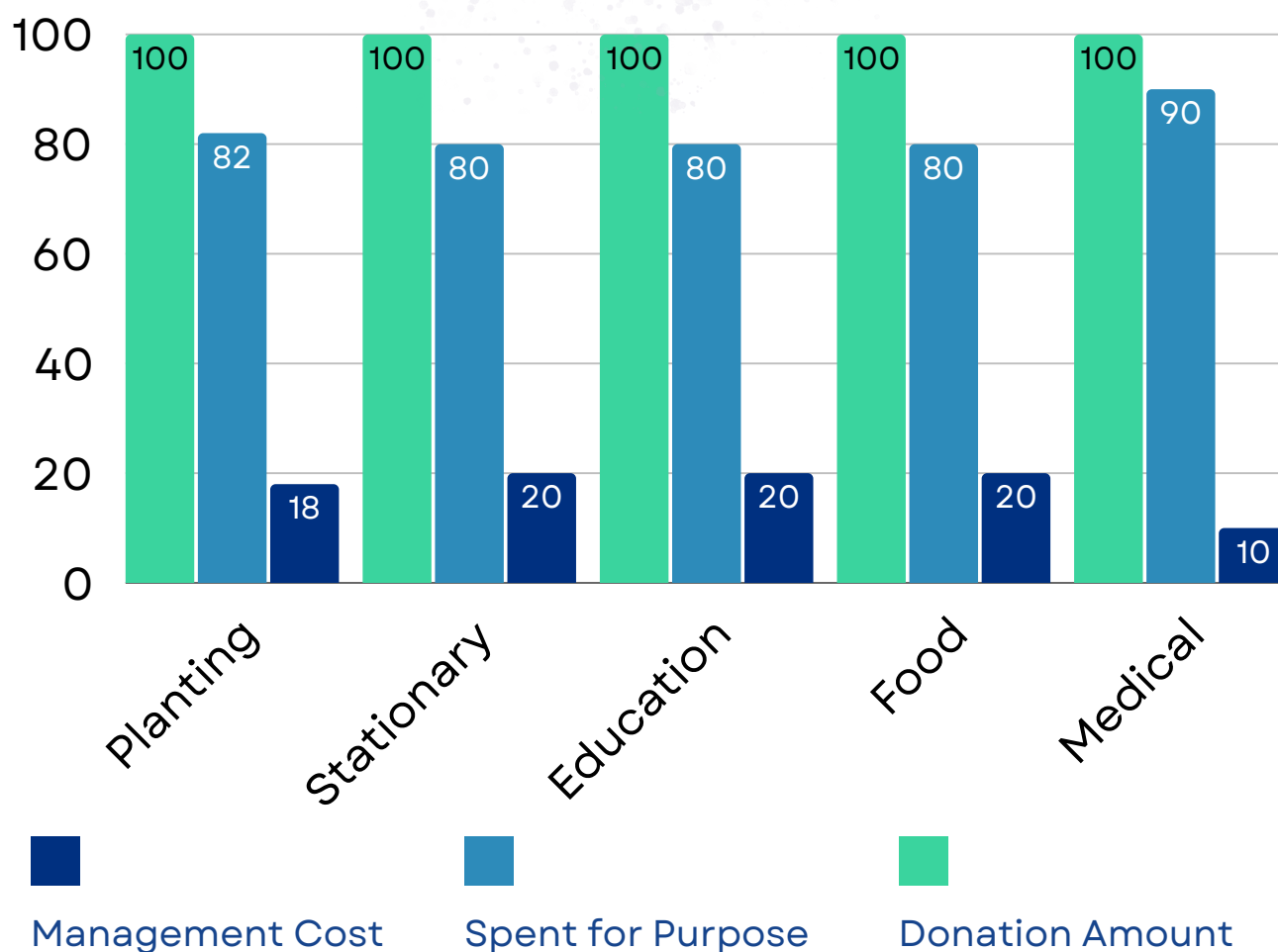
32



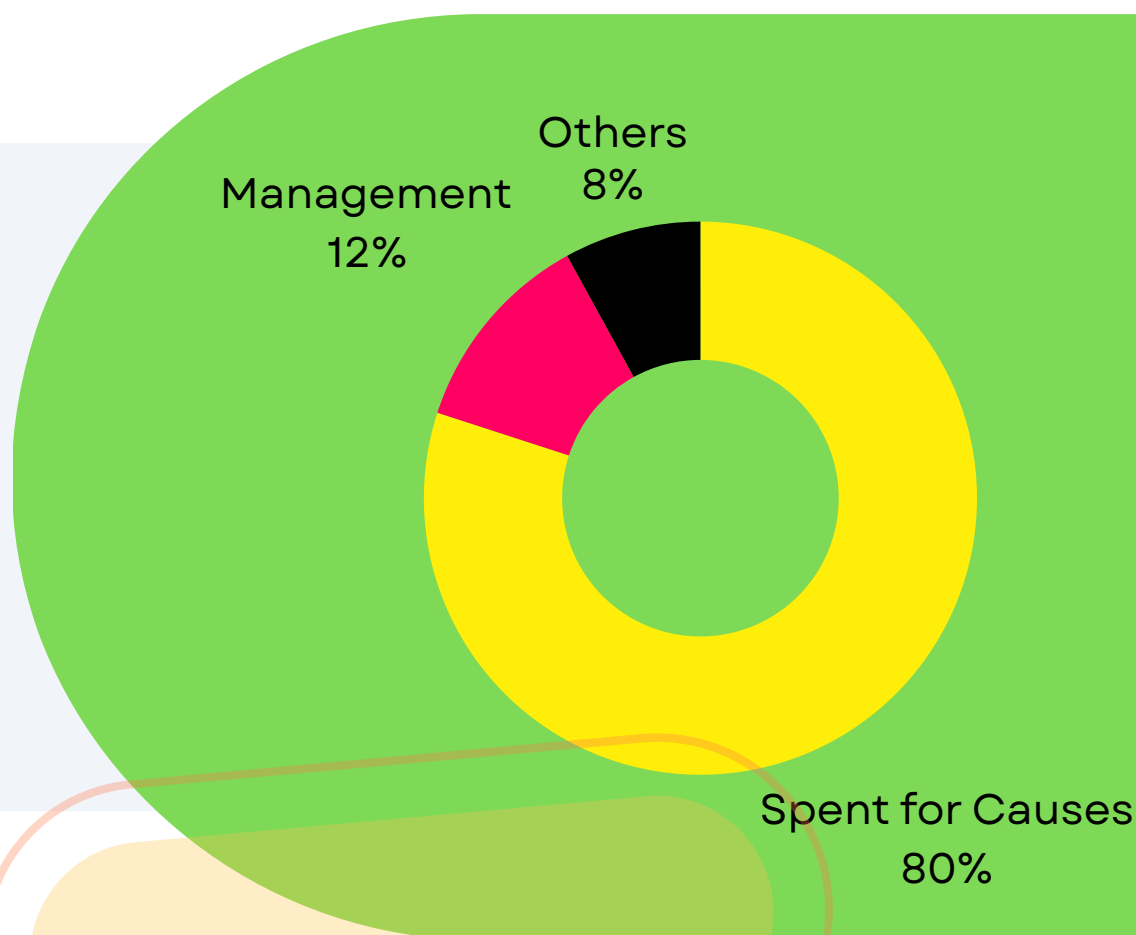
FINANCE REVIEW

2024-2025

At Hope and Life Foundation, we ensure that a significant portion of donor contributions directly supports our core programs and initiatives. A small percentage of the funds is allocated to management costs, ensuring efficient operations and transparency. The chart below illustrates the distribution of funds, with the majority directed towards impactful activities that benefit the communities we serve.



ANNUAL DIAGRAM 2024-2025



When donors contribute to Hope and Life Foundation, their funds are used directly to support our programs, such as providing food, education, medical care, and sanitary products to those in need.

We ensure complete transparency in the use of donations, with every penny going towards creating a meaningful and lasting impact in the communities we serve.

FUTURE GOALS

- **Medical Health:** We aim to expand access to healthcare by providing free medical services and establishing more community health centers in underserved areas.
- **Education:** Our goal is to build and support educational centers, offering free quality education and vocational training to empower marginalized communities.
- **Food:** We are committed to combating hunger by distributing nutritious food to underprivileged individuals and families, ensuring no one goes to bed hungry.
- **Women's Health:** We focus on improving women's health by providing access to sanitary products, healthcare services, and promoting hygiene education.
- **Child Care:** Our mission is to ensure that every child receives proper care, education, and medical attention to grow up healthy, safe, and empowered.

SUMMARY

Hope and Life Foundation is dedicated to improving the lives of marginalized communities through its various programs. We focus on expanding healthcare access, offering free medical services, and establishing community health centers.

Our educational initiatives aim to empower individuals by providing quality education and vocational training. We work to eliminate hunger by distributing nutritious food to those in need. The foundation prioritizes women's health by offering sanitary products, healthcare, and hygiene education. We also ensure proper child care, providing essential medical attention, education, and support to help children grow up healthy, safe, and empowered for a better future.



THANKS

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